

Life is busy.



STAYING HEALTHY SHOULD NOT BE A CHALLENGE.

That's why Healthy Is Wellness has teamed up with the City of Billings to bring you a cutting-edge wellness program like no other on the market that is designed to meet you where you are and work within even the busiest of schedules!

WE SIMPLIFY & PERSONALIZE WELLNESS.

Monthly Check-Ins



Enjoy convenient, on-site assessments at work every month.

In-Person Coaching



One-on-one consultations tailored to your unique goals.

Medical Grade Feedback

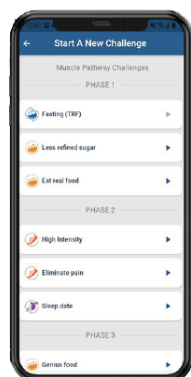


Body composition scans from our state-of-the-art technology.

DETAILS FOR CITY OF BILLINGS EMPLOYEES

- Monthly: medical grade body composition scans (which only take one minute to complete) conveniently on-site at multiple City of Billings work sites every month.
- Monthly: on-site and in-person health coaching, individualized goal setting, monthly challenges based on your goals and that fit into your life for all employees, spouses, and family members.
- For employees and spouses on the health plan: earn money \$\$ just for participating!
- Schedule of events each month is emailed directly to you and can be accessed any time on our app.

TAKE CONTROL OF YOUR HEALTH TODAY!



Easy to sign up for your first appointment. Scan the QR code, download our app, or email us at info@healthyiswellness.com

